

# UNIT 5A

## The survivors' club

or the unit about Jason Momoa



By @misscarosama

# What about you?

**1 How do you think you would react in a life or death emergency situation?**

- a I'd panic and become hysterical.
- b I'd "freeze" and wouldn't be able to do anything.
- c I'd act coolly and calmly.

**3 What would you do if you were hiking alone in the mountains and you got completely lost (without phone coverage)?**

- a I'd stay where I was and wait to be rescued.
- b I'd keep walking and try to find my way to my destination.
- c I'd try to find my way back to where I started from.

**2 If you caught a plane tomorrow and the flight attendant began giving the safety information, would you...?**

- a listen, but not take it very seriously
- b continue reading your book or magazine
- c pay attention and also read the safety information in the seat pocket

**4 What would you do if you woke up in the middle of the night and thought that you could hear an intruder in your home? If you would do something different, say what.**

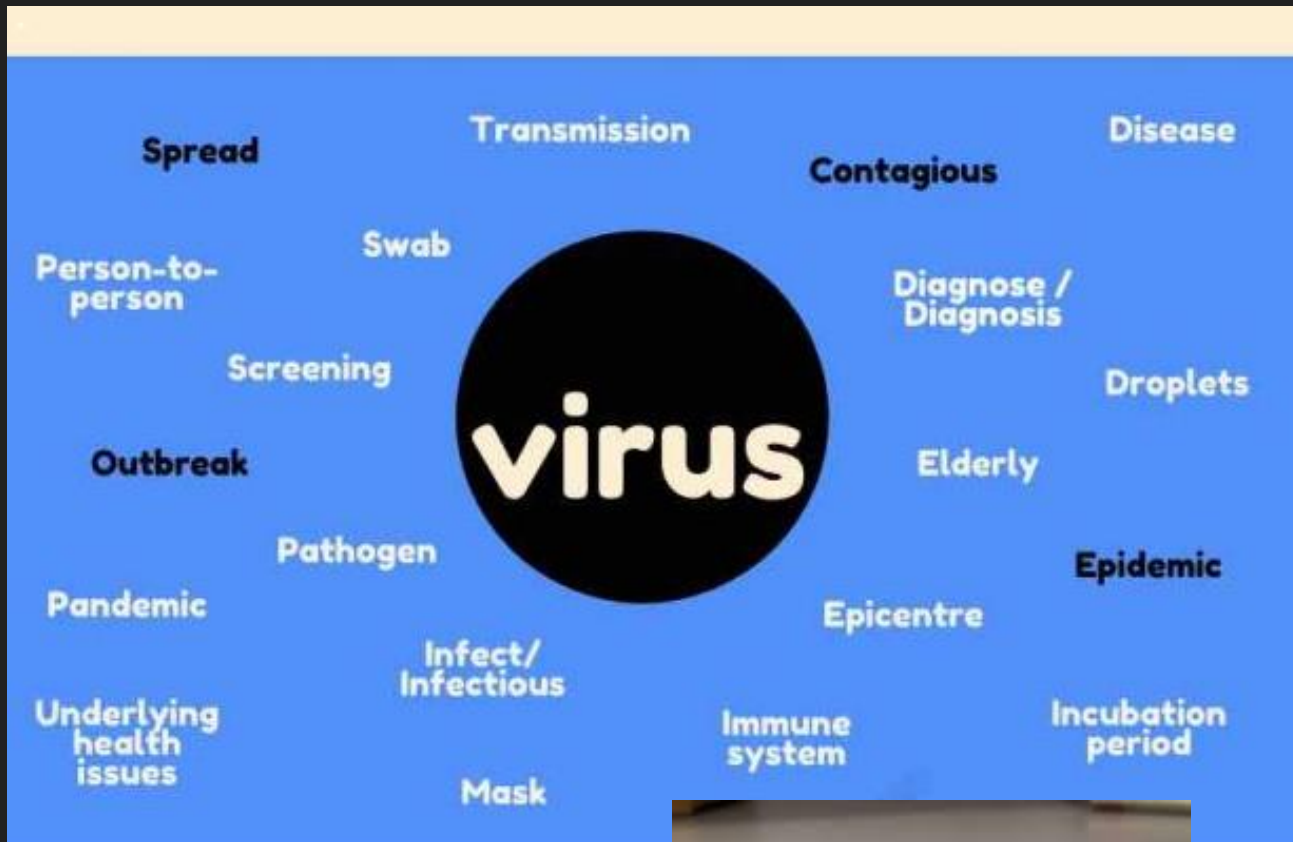
- a I'd confront the intruder.
- b I'd keep still and quiet and hope that the intruder would go away.
- c I'd lock myself in a room and call the police.

# Get in groups and discuss



- Can we consider the COVID Pandemic as a Disaster?
- How has this situation affected you?
- How would you like to treat this topic in the English class?

**TIP FOR YOU:** Try to use the vocabulary reviewed with your teacher as much as possible.





**talk about  
symptoms**

**Asymptomatic**

**Common flu  
symptoms**

**Running a  
temperature**

**Fever**

**Painful**

**Cough**

**Shortness of  
breath**

**Shallow  
breaths**

**Symptomatic**

**lethargic**

**body aches**

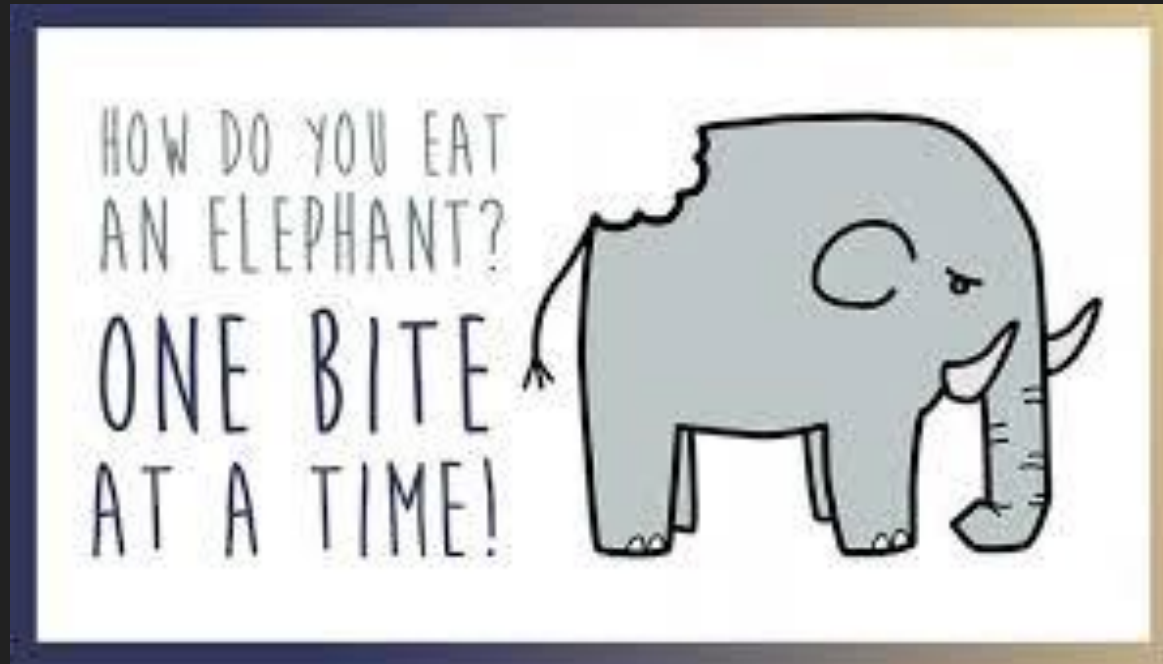
**sneezing**

**Tightness in  
your chest**

**fatigue**

**tiredness**

So, What is the best way to deal with this type of situations?



## THE LESSONS OF THE SURVIVORS CLUB

1 **A**t least 80 percent of us react in the same way to a life or death crisis or emergency: we're simply overwhelmed – the challenge seems too great, the problem insolvable. In  
5 Air Force survival school, they try to teach you how to overcome this feeling. One of the things they ask new cadets is, "How would you eat an elephant?" and they make them memorize the right answer, which is: "You eat an elephant one bite at a time." Survival  
10 means dealing with a huge life-or-death problem, one that you may not be able to solve quickly or all at once. The key to survival is to slow down and divide the challenges into small, manageable tasks, one goal at a time, one decision at a time. When an avalanche  
15 buried the survivors of a plane crash in the Andes, the survivors whispered to each other, "Breathe. Breathe again. With every breath you are alive." In a hopeless situation without oxygen or light, this approach kept them going until they found a way out.

20 This and much more is what survival expert Ben Sherwood tells us in his best-selling book *The Survivors Club*, which brings together stories of real-life survivors from all kinds of disasters. He begins by explaining the 10-80-10 principle. When faced with  
25 an emergency, 80 percent of people freeze. They are stunned and "turn into statues" or are so bewildered by what is happening around them that they can't react. 10 percent lose control. These people scream and cry, and often make the situation worse. But  
30 10 percent keep calm and behave in a rational way. They don't panic and they assess the situation clearly and make decisions. These people have the best chance of survival in a crisis, and Sherwood explains how you can try to become more like them.

35 He also reminds us that, apart from staying calm  
and not despairing, knowing the right thing to do in a  
crisis is also vital, and that in most emergencies many  
more people survive than don't. For example, most  
people think that you can't survive a plane crash, but  
40 American research has shown that the survival rate  
in all air crashes is historically 95.7 percent. Sherwood  
not only tries to show us how to behave rationally and  
calmly, he also gives us the information we need to  
join "The Survivors Club."



**How would you react/feel in a life-or-death situation?**

**EW. ARE THOSE FEELINGS?!**



**GET THAT SHIT AWAY FROM ME.**

# Vocabulary bank

- 1  J "I'm very offended /ə'fendəd/."
- 2  I "I feel a little homesick /'həʊmsɪk/."
- 3  H "I'm a little disappointed /dɪsə'paɪntəd/."
- 4  G "I'm very lonely /'ləʊnli/."
- 5  F "I'm incredibly proud /praʊd/."
- 6  E "I'm really nervous /'nɜːvəs/."
- 7  D "I'm very grateful /'ɡreɪtfl/."
- 8  C "I'm shocked /ʃʊkt/."
- 9  B "I'm so relieved /rɪ'livd/."
- 10  A "I feel a little guilty /'ɡɪlti/."

- A You discover that you have a brother you had never known about.
- B You haven't visited your grandparents for a long time.
- C A stranger gives you a lot of help with a problem.
- D You are abroad and you think someone has stolen your passport, but then you find it.
- E You don't get a job you were hoping to get.
- F You go to study abroad and you're missing your family and friends.
- G You move to a new town and don't have any friends.
- H You are going to talk in public for the first time.
- I Someone in your family wins an important prize.
- J A friend doesn't invite you to his wedding.

## Vocabulary bank p. 157



### *fed up and upset*

*fed up* = bored or frustrated and unhappy (especially with a situation that has gone on too long)

*I'm really fed up with my job. I think I'm going to quit.*

*upset* = unhappy when something bad happens

*Kate was terribly upset when her dog disappeared.*

# Vocabulary bank

astonished /ə'stɒnɪʃt/    bewildered /bi'wɪldəd/    delighted /dɪ'laɪtəd/  
desperate /'despərət/    devastated /'devəsteɪtəd/    horrified /'hɒrəfaɪd/  
overwhelmed /oʊvər'welmd/    stunned /stʌnd/    thrilled /θrɪld/

- 1 stunned very surprised and unable to move or react
- 2 \_\_\_\_\_ extremely upset
- 3 \_\_\_\_\_ incredibly happy
- 4 \_\_\_\_\_ very excited
- 5 \_\_\_\_\_ amazed / very surprised
- 6 \_\_\_\_\_ with little hope, and ready to do anything to improve the situation
- 7 \_\_\_\_\_ feeling such strong emotions that you don't know how to react
- 8 \_\_\_\_\_ extremely confused
9. \_\_\_\_\_ extremely shocked or disgusted



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## Modifiers with strong adjectives

Remember you can't use *a little* or *very* with these adjectives. NOT *I was very astonished*. If you want to use an intensifier, use *really* / *absolutely* / *totally* / *completely*.

## Vocabulary bank p. 157

a Look at the highlighted words and phrases and try to figure out their meaning.

- 1  B I was scared stiff when I heard the bedroom door opening  
/skɛrd stɪf/.
- 2  You look a little down. What's the problem?
- 3  I'm absolutely worn out. I want to relax and put my feet up  
/wɔrn aʊt/.
- 4  When I saw her, I couldn't believe my eyes. She looked ten years younger!
- 5  I'm sick and tired of hearing you complain about your job.
- 6  He finally passed his driver's test. He's jumping for joy!

A sad or depressed

B terrified

C extremely happy

D exhausted

E fed up or irritated

F astonished

# SLANG

**1. TO BE SCARED STIFF**

**2. TO LOOK/BE DOWN**

**3. TO BE WORN OUT**

**4. CAN'T /COULDN'T BELIEVE SB'S EYES**

**5. TO BE SICK AND TIRED OF**

**6. TO BE JUMPING FOR JOY**

# Let's practise

astonished    bewildered    delighted  
devastated    horrified    stunned    thrilled

- 1 We are very excited to be going on a cruise around the world. thrilled
- 2 My mom was very confused by the touch screen on her new phone. \_\_\_\_\_
- 3 People were extremely shocked and disgusted when they heard about the terrorist attack. \_\_\_\_\_
- 4 Andy was amazed when his parents gave him a car for his birthday. \_\_\_\_\_
- 5 She was so surprised she couldn't react when she saw the fire damage. \_\_\_\_\_
- 6 Olivia was incredibly happy when she got promoted.  
\_\_\_\_\_
- 7 My brother was extremely upset when his wife left him. \_\_\_\_\_

## ANSWER KEY

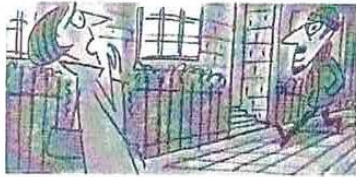
1. Thrilled
2. Bewildered
3. Horrified
4. Astonished
5. Stunned
6. Delighted
7. Devastated



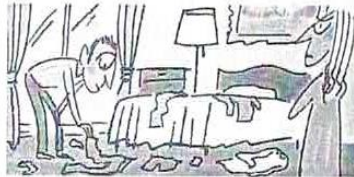
# Additional exercises

c Complete the sentences with the words in the box.

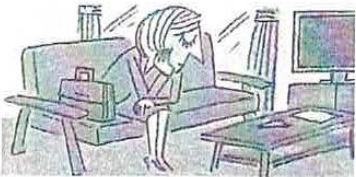
couldn't believe his eyes   down   jumping for joy  
scared-stiff   sick and tired of   worn out



1 Harriet was scared stiff when she saw a mugger coming toward her.



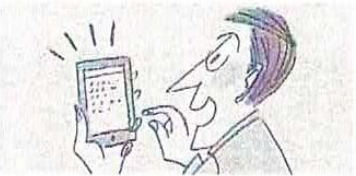
2 I'm \_\_\_\_\_ always having to tell my husband to clean up.



3 My sister was a little \_\_\_\_\_ after her interview went badly.



4 He was absolutely \_\_\_\_\_ after running almost 15 miles.



5 He \_\_\_\_\_ when his favorite celebrity re-tweeted him on Twitter.



6 I was \_\_\_\_\_ when I got accepted to my top choice college.

ANSWER KEY

1. SCARED STIFF
2. SICK AND TIRED OF
3. DOWN
4. WORN OUT
5. COULDN'T BELIEVE HIS EYES
6. JUMPING FOR JOY



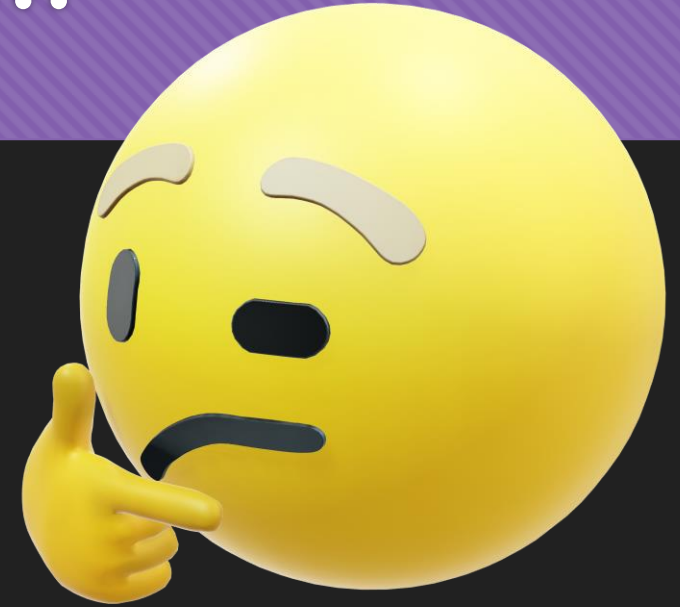
1. Get in groups.
2. Use the two expressions assigned by Carol and create a sentence with the **SECOND CONDITIONAL**.
3. The group that finishes first must stand up and say “i love my English Class” to get the point

Have you seen this guy?



Now you may be wondering...

How does Jason Momoa relate with English conditionals?



The level of probability of the events to happen depends on the **Speaker**

# Zero Conditional

If/When Jasón wakes up, I kiss him on the cheek



**PRESENT**



**PRESENT**

Who says  
this?



**Jason Momoa's  
bae**

Who says this?

# First Conditional



If Jason forgets his part of the script, I will help him memorize it.



**PRESENT**

**WILL/CAN/MAY/IMPERATIVE**

Emilia Clarke  
Kit Harington  
Jason Momoa's coworkers

Who says this?

# Second conditional



If I saw Jason Momoa on the Street, I would never let him go



**WOULD/COULD/MIGHT**  
+  
**INFINITIVE**

Carolina Santander  
English teacher

| IRREGULAR VERBS LIST |          |                 |
|----------------------|----------|-----------------|
| INFINITIVE           | PAST     | PAST PARTICIPLE |
| Be                   | was/were | been            |
| Begin                | began    | begun           |
| Break                | broke    | broken          |
| Bring                | brought  | brought         |
| Build                | built    | built           |
| Buy                  | bought   | bought          |
| Can                  | could    | been able (to)  |
| Catch                | caught   | caught          |
| Choose               | chose    | chosen          |
| Come                 | came     | come            |
| Cost                 | cost     | cost            |
| Cut                  | cut      | cut             |
| Do                   | did      | done            |
| Draw                 | drew     | drawn           |
| Drink                | drank    | drunk           |
| Drive                | drove    | driven          |
| Eat                  | ate      | eaten           |
| Fall                 | fell     | fallen          |
| Feed                 | fed      | fed             |
| Find                 | found    | found           |
| Fly                  | flew     | flown           |
| Get                  | got      | got             |
| Give                 | gave     | given           |
| Go                   | went     | gone            |
| Have                 | had      | had             |
| Hear                 | heard    | heard           |
| Hit                  | hit      | hit             |
| Hold                 | held     | held            |
| Keep                 | kept     | kept            |
| Know                 | knew     | known           |
| Learn                | learned  | learned         |
| Leave                | left     | left            |
| Loss                 | lost     | lost            |
| Make                 | made     | made            |
| Mean                 | meant    | meant           |
| Meet                 | met      | met             |
| Put                  | put      | put             |
| Read                 | read     | read            |
| Run                  | ran      | run             |
| Say                  | said     | said            |
| See                  | saw      | seen            |
| Send                 | sent     | sent            |

Who says this?

# Third Conditional



## The Media

If Jason had rejected Kal Drogo's part, he wouldn't have become a star



**PAST PERFECT**

**HAD+ PAST PARTICIPLE**



**WOULD+HAVE+PAST PARTICIPLE**

**COULD**

**MIGHT**

| IRREGULAR VERBS LIST |          |                 |
|----------------------|----------|-----------------|
| INFINITIVE           | PAST     | PAST PARTICIPLE |
| Be                   | was/were | been            |
| Begin                | began    | begun           |
| Break                | broke    | broken          |
| Bring                | brought  | brought         |
| Build                | built    | built           |
| Buy                  | bought   | bought          |
| Can                  | could    | been able (to)  |
| Catch                | caught   | caught          |
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| Come                 | came     | come            |
| Cost                 | cost     | cost            |
| Cut                  | cut      | cut             |
| Do                   | did      | done            |
| Draw                 | drew     | drawn           |
| Drink                | drank    | drunk           |
| Drive                | drove    | driven          |
| Eat                  | ate      | eaten           |
| Fall                 | fell     | fallen          |
| Feed                 | fed      | fed             |
| Find                 | found    | found           |
| Fly                  | flew     | flown           |
| Get                  | got      | got             |
| Give                 | gave     | given           |
| Go                   | went     | gone            |
| Have                 | had      | had             |
| Hear                 | heard    | heard           |
| Hit                  | hit      | hit             |
| Hold                 | held     | held            |
| Keep                 | kept     | kept            |
| Know                 | knew     | known           |
| Learn                | learned  | learned         |
| Leave                | left     | left            |
| Like                 | liked    | liked           |
| Make                 | made     | made            |
| Mean                 | meant    | meant           |
| Meet                 | met      | met             |
| Put                  | put      | put             |
| Read                 | read     | read            |
| Run                  | ran      | run             |
| Say                  | said     | said            |
| See                  | saw      | seen            |
| Send                 | sent     | sent            |



# Let's practice

1. I didn't wait another minute. I didn't see you.

---

2. You left the door open. The cat got out.

---

3. I don't speak French fluently. I won't get the job.

---

4. He fell. He wasn't wearing mountain boots.

---

5. I don't know the answer. I can't tell you.

---

6. He's so obstinate. I argue with him all the time.

---

7. I can't drive. I depend on public transport.

---

8. She didn't shout. People didn't realize she was there.

# The answer

1. I didn't wait another minute. I didn't see you.  
If I had waited another minute, I would have seen you.
2. You left the door open. The cat got out.  
If you hadn't left the door open, the cat wouldn't have got/oken at
3. I don't speak French fluently. I won't get the job.  
If I spoke French fluently, I would get the job.
4. He fell. He wasn't wearing mountain boots.  
If he had worn mountain boots, he wouldn't have fallen
5. I don't know the answer. I can't tell you.  
If I knew the answer, I could/would tell you
6. He's so obstinate. I argue with him all the time.  
If he weren't/wasn't so obstinate, I wouldn't argue with him..
7. I can't drive. I depend on public transport.  
If I could drive, I wouldn't depend on public transport
8. She didn't shout. People didn't realize she was there.  
If she had shouted, people would have realized she was there

- a** Complete with the correct form of the verb in parentheses, using a second or third conditional.

If Tim *hadn't got injured*, he would have played in the championship game. (not get injured)

- 1 I \_\_\_\_\_ so much food if you'd told me you weren't hungry. (not made)
- 2 If I were you, I \_\_\_\_\_ money to members of your family. (not lend)
- 3 I \_\_\_\_\_ Jack to help me if he wasn't so busy. (ask)
- 4 Joe \_\_\_\_\_ an accident if he hadn't been driving so fast. (not have)
- 5 I'd run the marathon if I \_\_\_\_\_ in better shape. (be)
- 6 If you \_\_\_\_\_ where you were going, you wouldn't have fallen. (look)
- 7 I'm sure you \_\_\_\_\_ dancing if you came to the classes with me. (enjoy)
- 8 We'd go to the local restaurant if they \_\_\_\_\_ the menu from time to time. (change)
- 9 Nina wouldn't have gone abroad if she \_\_\_\_\_ to find a job here. (be able)
- 10 If you \_\_\_\_\_ for a discount in the store, they might have given you one. (ask)

**b** Complete using a second or third conditional.

You didn't wait ten minutes. You didn't see Jim.

*If you'd waited ten minutes, you would have seen Jim.*

1 Luke missed the train. He was late for the interview.

If Luke \_\_\_\_\_ the train, he \_\_\_\_\_ late for the interview

2 Maxie didn't buy the top. She didn't have any money.

Maxie \_\_\_\_\_ the top if she \_\_\_\_\_ some money.

3 It started snowing. We didn't reach the top.

If \_\_\_\_\_ snowing, we \_\_\_\_\_ the top.

4 Rebecca drinks too much coffee. She sleeps badly.

If Rebecca \_\_\_\_\_ so much coffee, she \_\_\_\_\_ badly.

5 I don't drive to work. There's so much traffic.

I \_\_\_\_\_ to work if \_\_\_\_\_ so much traffic.

6 Matt doesn't treat Sue well. She won't stay with him.

If Matt \_\_\_\_\_ his girlfriend better, she \_\_\_\_\_ with him.

7 You don't do any exercise. You don't feel healthy.

You \_\_\_\_\_ a lot healthier if you \_\_\_\_\_ some exercise.

8 The taxi driver had GPS. He found the street easily.

The driver \_\_\_\_\_ the street if he \_\_\_\_\_ GPS.

9 Jim bought the wrong size. I had to exchange the sweater.

If Jim \_\_\_\_\_ the right size, I \_\_\_\_\_ the sweater.

10 You get up late. You waste half the morning.

If you \_\_\_\_\_ earlier, you \_\_\_\_\_ half the morning.

Answer Key  
Grammar Bank Unit 5 A Disasters  
p. 140

A:

- 1 - wouldn't have made
- 2 - wouldn't lend
- 3 - would ask
- 4 - wouldn't have had
- 5 - were
- 6 - had looked
- 7 - would enjoy
- 8 - changed
- 9 - had been able
- 10 - had asked

B -

- 1 - hadn't missed / wouldn't have been late
- 2 - would have bought / had had
- 3 - it hadn't started snowing / would have reached
- 4 - didn't drink / wouldn't sleep
- 5 - would drive to work / there wasn't - weren't
- 6 - treated / would stay
- 7 - would feel / did
- 8 - wouldn't have found / hadn't had
- 9 - had bought / wouldn't have had to exchange
- 10 - got up / wouldn't waste

Love you!!!

# Additional explanations

Conditionals are very well explained in the following link:

<https://www.ef.com/ca/english-resources/english-grammar/conditional/>

Miss Caro explain conditionals in detail in the following video in case you missed that class:

<https://drive.google.com/file/d/1-JcL0FJQ652aMMqGqvOxA2v9clmstGFx/view?usp=sharing>

# Feelings and Emojis Game!



**Step 1: Your teacher will show a picture with an emoji.**

A light purple arrow pointing downwards from the first step to the second.

**Step 2: You have to identify the Emoji with one of the feelings reviewed in the class and create a beautiful sentence**

A light green arrow pointing downwards from the second step to the third.

**Step 3: Once you have your sentence, raise your hand and enjoy your victory!**



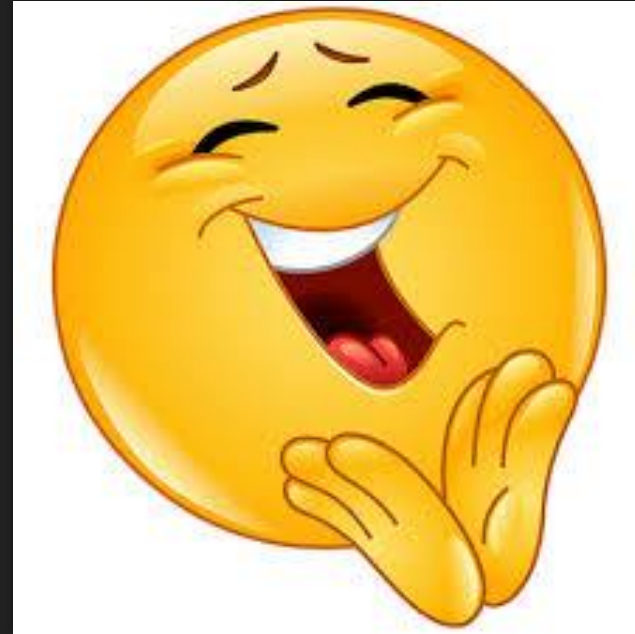
Bonus is you use the slang



SET 1

BEWILDERED

Can/couldn't believe my  
eyes



SET 1

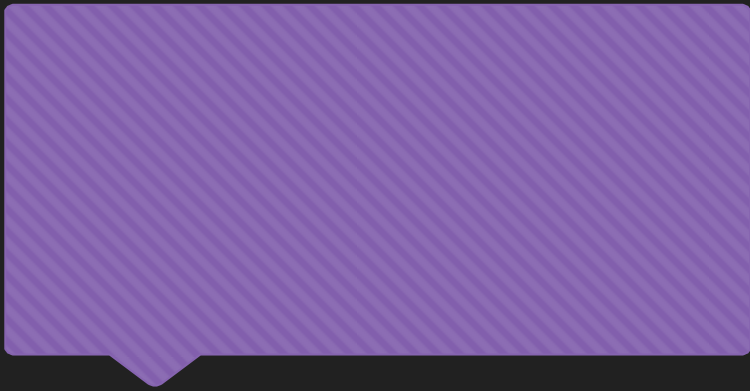
DELIGHTED

Jumping for joy



SET 1

Worn out



SET 2



STUNNED



SET 2



THRILLED



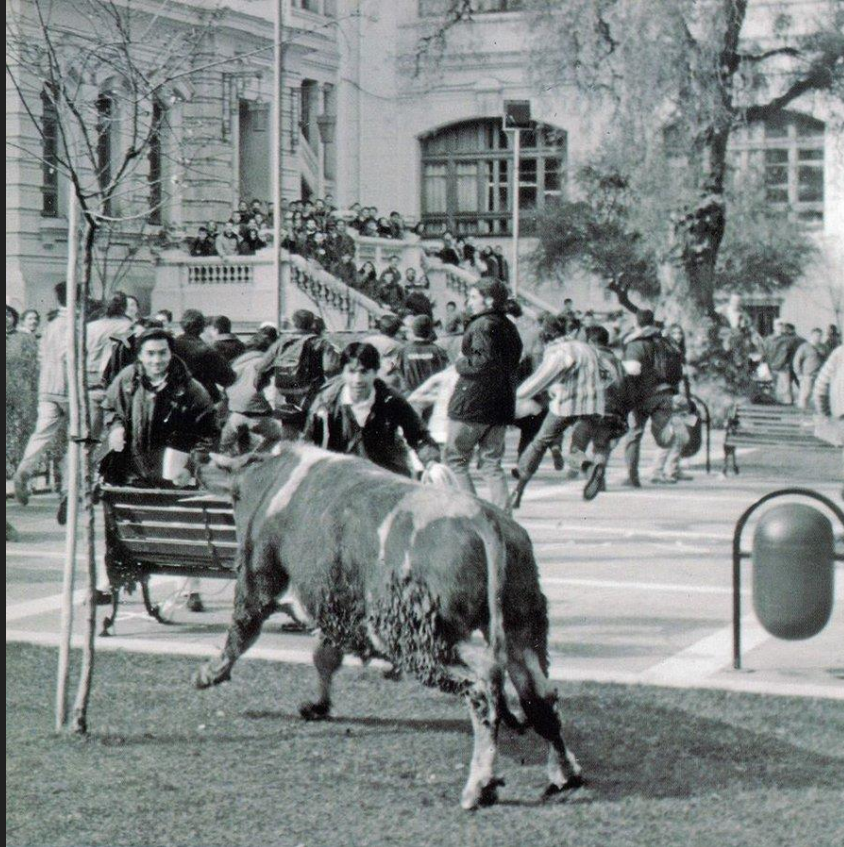
SET 2

FRIGHTENED

To be scared stiff

**And the winner is...**

# What would you have done if you had been a Beauchefian when....



A cow broke into 850's gardens in 1997?

[https://twitter.com/UChile\\_Beauchef/status/757599536030285824](https://twitter.com/UChile_Beauchef/status/757599536030285824)



# What would you have done if you had been a Beauchefian when....



Kudai recorded "Sin despertar" at Beauchef's gates ?

<https://www.youtube.com/watch?v=KxIIYwQH6IY>

**What would you have done if you had  
been a Beauchefian when....**



**A bomb threat was sent in  
2016?**

# What would you have done if you had been a Beauchefian when....



A whole chapter of the TV show *City Tour* was recorded in Beauchef 851?

<https://www.youtube.com/watch?v=uFvuVopJzu0>

w? [englishtips.org](http://englishtips.org)

What were you doing  
when the last Earthquake  
hit Santiago?

What would you have done,  
If you had been a Valdivia  
citizen for the biggest earthquake  
in history?

